



## Breakfast

<b>Eggs Benedict</b> 12.50 Ham, poached eggs, hollandaise, potato rösti 918 kcal	<b>The German Gymnasium</b> 16.50 Scrambled eggs, Nürnberger sausages, Black Forest ham, tomato, mushroom, potato rösti, toast 908 kcal	<b>Berlin</b> 17.50 Scrambled eggs, Emmentaler cheese, cooked ham, fresh fruit, strawberry jam, toast, butter 909 kcal
<b>Eggs Royale</b> 16.50 Smoked salmon, poached eggs, hollandaise, potato rösti 982 kcal	<b>Hamburg</b> 16.50 Smoked salmon, scrambled eggs, chives 348 kcal	<b>München</b> 13.50 Two poached Weißwurst pork & veal sausage with parsley, sweet mustard, Brezel 719 kcal
<b>Eggs Florentine</b> 12.50 Spinach, poached eggs, hollandaise, potato rösti 679 kcal	<b>Heidelberg (VG)</b> 16.50 Avocado, spinach, quinoa, feta, tomato, dark rye, hot sauce 592 kcal	

### CEREAL & FRUITS

<b>Bircher Müsli (V)</b> 6.00 Oats, semi skimmed milk, hazelnuts, orange, honey 589 kcal	<b>Porridge (V)</b> 5.00 Oats, semi skimmed milk, blueberries, banana, honey Vegan option available 526 kcal
<b>Fresh fruit salat (VG)</b> 6.00 Blueberry, melon, grapes, pineapple, passion fruit 31 kcal	<b>Chia pudding (VG)</b> 4.50 Coconut milk, strawberry, almond crunch 247 kcal

### SMOOTHIES & JUICES

<b>The Antioxidant</b> 6.50 Spinach, kiwi, grapes, apple juice 112 kcal	<b>Fruity Pebbles</b> 6.50 Avocado, orange, strawberries, blueberries, oat milk 148 kcal
<b>Early Sunshine</b> 6.50 Passion fruit, grapefruit, raspberries, pineapple juice 86 kcal	<b>The Betakerotene</b> 6.50 Fresh orange juice, ginger, fresh carrot juice, mango pureé 121 kcal
<b>Fresh juices</b> 4.25 Carrot 56 kcal    Orange 123 kcal Apple 144kcal    Pineapple 150 kcal Cranberry 189kcal    Grapefruit 114 kcal	

### VIENNOISERIE (V)

#### Muffins

<b>Blueberry</b> 3.00 408 kcal	<b>Chocolate</b> 4.00 406 kcal	<b>Banana (VG)</b> 3.00 532 kcal
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<b>Butter Croissant</b> 3.50 302 kcal	<b>Pain au Chocolat</b> 3.50 292 kcal
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#### Pain au Raisins

4.00 322 kcal

#### Esskastaine-Quitten Baiser Tarte (V)

Chestnut Quince Meringue tart  
8.00 351 kcal

#### Strawberries & Quark

6.50 166kcal

### ANTIOXIDANT BOOSTER

#### Ginger & lemon shot

3.00 35 kcal

## Hot Drinks

<b>Espresso/Double</b> 29 / 58 kcal 3.00 / 3.25	<b>Hot Chocolate</b> 190 kcal 4.25
<b>Macchiato/Double</b> 53 / 94 kcal 3.00 / 3.50	<b>Black Teas</b> 3.95 Earl Grey, English Breakfast
<b>Americano</b> 27 kcal 3.50	<b>Green tea</b> 3.95
<b>Filter coffee</b> 27 kcal 3.50	<b>Other teas</b> 3.95 Camomile, Fresh Mint, Peppermint
<b>Cappuccino</b> 130 kcal 4.25	
<b>Latte</b> 130 kcal 4.25	
<b>Flat White</b> 130 kcal 4.25	

Oat milk available on request

SHOULD YOU HAVE ANY ALLERGIES OR INTOLERANCES, PLEASE ADVISE YOUR SERVER WHO WILL BE HAPPY TO DISCUSS THEM WITH YOU.  
PLEASE NOTE THAT WHILST WE MINIMISE THE RISK OF CROSS-CONTAMINATION, WE HANDLE ALLERGENIC INGREDIENTS THROUGHOUT OUR KITCHENS AND CANNOT GUARANTEE ANY ALLERGEN-FREE DISHES.  
OUR VEGAN DISHES ARE MADE TO VEGAN RECIPES BUT MAY NOT BE SUITABLE FOR GUESTS WITH MILK OR EGG ALLERGIES. (VG) - SUITABLE FOR VEGAN REQUIREMENTS / (V) - SUITABLE FOR VEGETARIAN REQUIREMENTS.  
ADULTS NEED AROUND 2000 KCAL A DAY. A DISCRETIONARY 13.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL. ALL PRICES INCLUDE VAT.